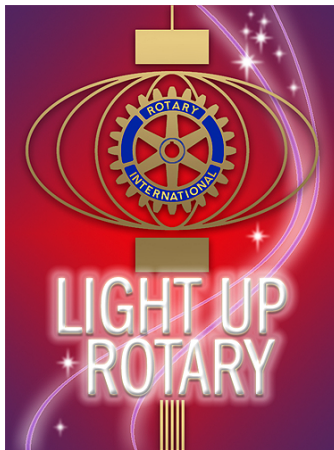


Let's Go Rocktoberfest!

Vallejo Rotary



The Propeller

September 11th, 2014

Anthony Shannon

President Briseño started the meeting right on time at 12:30pm

Jeanne Kilkenny-Turk led us in the Pledge of Allegiance

In honor of today's date, Tony Intintoli led us in America the Beautiful. Afterwards, we observed a brief moment of silence to honor those who gave their lives that day.

Announcements

Shane - Fill out your football picks. Winner this week is Lou Caretti, 2nd and 3rd are not here, Norb was 4th place.

Shane - the Interact Club at Jesse Bethel is having their first meeting soon. Shane will be their new mentor.

JD announces that there are speaker evaluation forms. Also weekend of Oct 4th and 5th a lot of fun down at the Vallejo Waterfront. There is a 10K as well and JD will be in the dunk tank. Finally, Nov 15 is the Day at the races at Golden Gate Fields. It's \$40.00 per person. If we get an enough sign up, we can get to the winners circle and get a photo with the Jockey and the horse. Includes lunch, parking and VIP.

Shane - (yes again) - there will be a fundraiser on Mare Island benefitting GVRD's therapeutic recreation program for the disabled.

Ann - Rotary Picnic is the Sept 13th on Saturday from 11:00 to 4:00. Get a hold of Ann Grove for more information Shane has about 40 cases of cokes/diet cokes for events. Bring a dish to share

Jeanne reminds us that Rocktoberfest is coming October 10th and is also looking for sponsors, contact Jeanne

Robert (imagine him reeling off this list really quickly):

Fairfield Twilight club is having their Lobster Boil, \$80.00 per person September 27 from 5:00 to 10:00 pm at the Daily Republic Park.

Oct 2nd Governors District Meeting at our normal meeting, please attend.

11th annual Pig-a-Palooza is at Roberts House Oct 4, 2014, Robert has more details.

Rotary District Conference is in Reno on October 31 thru Nov 1. A train trip is possible to get there and the deadline to sign up is Sept 10.

November 15th is our Rotary Day at the Races - \$40. See JD for more information.

Norb - had a visit from one of our scholarship recipients who will be attending Sonoma State. He stopped by Norb's office to thank Rotary for the scholarship.

Guests

None this week

Recognitions

Birthdays

Robert Briseño - September 9th - \$100 (\$50 to the club and \$50 to international)

Anniversaries

None this week.

Happy Dollars

JD - forgot his jersey (yay!) \$20 Dodgers in 1st place

Connie Howard - \$6 happy, that's it, just happy

Denise - Her son joined his interact club at his high school \$10

Connie K - will be gone for her wedding anniversary. \$50 she will be in Scotland

LeGuan - \$4 (yes, 4) Played in the Fairfield club Golf Tournament - can't keep up with Walt

Doc - Rode with Ann and had great coffee at Java Point \$5

Walt - Fairfield Rotary Golf Tournament - LeGuan's bourbon - \$20

Pete - There was a bet on the final hole Tom and Walt won. \$10

Ann - \$10 to have Tony Intintoli back and looking better

Tony S - \$10 weight loss - he's finally "normal" in at least one way.

Joke for the week:

A man walks on a beach in SF. Picks up a lamp. Rubs it and gets a genie. Grants one wish. Man wishes for a road to Hawaii. Genie thinks about it. Genie asks for a lesser requests. Many wants to understand women. Genie says, 2 lanes or 4

Program

David Ament - relationship expert - human enthusiast

Women Want more Love'n, Men want more Love - Getting you needs met by the other gender.

Challenges we face - money, kids, time, conversation,

The Art of Attraction - Step in to every interaction with your woman with the intent of giving, not getting

When a man goes to get, she smells it on him and feels it energetically

Four A's: Acceptance, Attention, Appreciation, Affection

Acceptance: This is where she is fully accepted for who she is. The other A's are pretty much self-explanatory: Attention, Appreciation, Affection

Homosapiens Breed: Emotional Brain, Body Language, Microexpressions

Emotional Brain: The limbic system is the emotional part of the brain that all mammals have & communicate with.

Microexpressions: little things we change in our faces make a huge difference in our communication. Every muscle in our bodies has a layer of fat between the muscle and the skin, except for our faces.

We Emulate

Humans learn from behavior that was modeled for us. Do you want to have the exact relationship you were raised by? The rate is 50% divorce for 1st marriage, 70% for 2nd, and 78.5% for the 3rd marriage.

Today, a lot of courtship is being done by text. This can be done at any time. David called this "foreplay all day."

We do what we see, not what we hear or what we're told not to do.

What we do in a relationship will be carried on for four more generations. How do we break this chain?

Divorce rate:

If both are from intact homes: 50%

If one if from a broken household, the rate is 75%

If both parties are from broken households, the rate is 85%

Men Lead, Women Follow

A man respectfully pursues. A woman draws him with allure.

A woman is desiring a man who provides the certainty and safe space to fully surrender into him.

When he provides the space, she will fall into him and out of her panties (yes, he actually said this).

He needs adoration, respect, to feel wanted & needed, and feel significant

She needs attention in the manner in which she needs it.

How can we do it differently?

Singles can choose a life mate that gives you the relationship you need

Divorcees move into better, not faster repeat

Parents & Grandparents support next generations into healthy relationships

David teaches a 5 week live tele class for \$397, partner enrollment \$197, special for us, \$197 for the whole

shebang.

Mystery Handshaker

Bob Linville won the mystery handshaker

Drawing

Gary won the drawing and passed it on to LeGuan

LeGuan: Married to Sheryl for 30 years, 3 kids, owns Lea Panell Realty. Kids went 134 days without asking for money. His kids are happy and healthy. Having date nights and game nights. Pete suggested a bottle of canola oil and twister (to combine the date night and game night). LeGuan then digressed into telling us about his upcoming colonoscopy and he was called for going overtime.

Proposed Members

Jack McCarthur - Vallejo Fire Chief

Kathleen Diohep - City of Vallejo - Economic Development

Randy Larson - Transport Products Unlimited - Equipment Sales

JoEllen P. Myslik - Cal Maritime - Education

Vijay Patel - Regency Inn - Hotel Owner

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